

## SÉANCE TRANSCRIPT



Investigation Site	Hemel Hempstead, Rose and Crown
Investigation Date	21 <sup>st</sup> November 2009
Report By	Steph Lawn
Team Members	Andy, Bill, Steph, Marion, Elaine, Richard, Dee, Billie

### Transcript taken from Steph's recording of the séance conducted in the upstairs corridor between 01:58 and 02:30.

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Andy: 'If Elaine do the honours with the switch. Ooh darkness. Where's that light coming from...'

Dee: 'Is that the street light?'

Andy: 'Yeah'

Bill: 'Yeah'

Andy: 'Right...'

Bill: 'That's what, 1:58 exactly'

Andy: 'err hrrm'

Bill: 'We didn't synchronise watches'

Andy: 'Mine's dead-on, look'

Dee: '1:58?'

*General agreement from the team*

Bill: '1.58 and 12 seconds'

Andy: 'Ok. Are we gonna hold hands for this?'

Dee: 'I think so'

*Richard makes a comment (unintelligible) and the team laugh*

Bill: 'Oh, you've got bloody great mitts haven't you Andy?'

Andy: *unintelligible*

Andy: 'If somebody wants to take the lead?'

Dee: 'Don't know what to say'

Andy: 'Marion?'

Marion: 'I knew it'd be me'

*Soft laughter*

Marion: 'Are there any spirits or astral being here? Could you please come forward and make your presence felt? We're not here to hurt you or to frighten you. We're just here to find out more about you, who you are, and we'd love it if you came to speak to us. If you're here can you please come and tap one of us? Touch one of us, speak to one of us.'

*Pause*

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**Investigation Site** Hemel Hempstead, Rose and Crown

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‘If there’s anybody here would you please come forward? If you see these little red lights, if you could talk in to the little red lights; tell us your name, or on the floor in the bedroom is a Tudor Rose, could you go and move that for us please?’

*Pause*

‘Could you please come closer to us? And let us know that you are here. And try and tell us who you are?’

*Pause*

‘Do you like us being here?’

*Beep*

Bill: ‘Who beeped?’

Elaine: ‘Me, sorry’

Marion: ‘Do you like the changes that have been done to this building? Could you make a noise for us? Or bang something for us? Or let us hear your voice?’

If you are here could you turn these little red lights off? Would you please make a noise for us? Could you please come closer to us? Let us hear your voice? Or touch one of us? Please come and talk to us. Please come and touch one of us. Tap one of us on the shoulder. Or talk to us. Feel our hair. Blow on our face, blow on our hands.’

Elaine: ‘There’s a cold breeze on my face’

Marion: ‘Oh hehe. Oh hello. I have someone right with me now. Can you touch one of us please? Or can you make a noise for us? Can you tap something or bang something for us? Can you let somebody else know that you’re here? Can you blow on somebody else? Touch somebody else? We don’t mean you any harm. We’ll treat you with the utmost respect. Do you like the changes that have been made here?’

Dee: ‘I don’t know if it’s psychosomatic but I can feel my arms getting colder in...in the middle.’

Marion: ‘Are you a man? Can you touch one of us if you’re a man. [*Pause*] Can you touch one of us if you are a woman.’

Dee: ‘Were you touched Steph or was it just...’

Steph: ‘I’ve got a really itchy ear’

Marion: ‘Oh hehe’

Steph: ‘It’s really itchy’

*Creaking sound*

Marion: ‘Is that somebody...’

Dee: ‘Is that somebody shifting?’

Bill: ‘Yeah, that’s just the floors cr...I can feel it go it’s clicking under my left foot and I think it’s over by Steph as well’

Dee: ‘Oh ok’

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*Cough*

Richard: 'That was me it's alright'

Dee: '...feel cold in the middle there. It's low, it's not high'

*Clicking from thermometer readings taken by Bill*

Dee: 'Down at like my knees, the lower half of my legs'

Bill: 'Nothing's showing up on the thermometer. It's actually warmer up here than anywhere else. A lot warmer than anywhere else'

Dee: 'Doesn't feel warmer'

Bill: 'Its 6 degrees warmer out here than it is in the bedroom. But 4 degrees warmer than it is in the bedroom or the office'

Dee: 'Maybe we're just...'

Richard: 'I'll say I'm absolutely sweating'

Bill: 'I'm sweating buckets right now'

Dee: 'Drafts coming from the bedroom...'

Richard: 'Sweating round my back'

Andy: 'Mm'

Marion: 'Want to try Steph?'

Steph: 'No'

Billie: 'I feel like it's a woman'

Marion: 'Feels like a gentle... (*unintelligible*)'

Steph: 'While we've been standing here I just feel really unwell'

Marion: 'Do you?'

Steph: 'Mm. And my throat hurts you know like when you really wanna cry?'

Marion: 'Yeah'

Steph: 'And it aches'

Dee: 'Tense? Like it's...'

Steph: 'Mm. Like you're trying to hold back, not cry'

Dee: 'Yeah. Yeah, tightens'

Steph: 'Mm'

Richard: 'It's quite calm. Surprisingly so'

Marion: 'Are you feeling anyone Steph? Cause I've got somebody right behind me'

Steph: 'No'

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Andy: 'Do you want a go Steph?

Dee: 'D'yknow, I'm not sure it is a woman. I think it's a man...'

Steph: 'Mm'

Dee: '...with long hair'

Marion: 'Are you the person I was talking to this afternoon? If you are, can you please touch me or touch somebody else? [Pause] Are you unhappy? If you're unhappy can you make a noise for us? Can you come and say your name in my ear? [Pause] Got Isabelle.'

Steph: 'When you said that I keep getting 'Walter''

Marion: 'Oh'

Richard: 'Not me is it?'

*Laughter*

Dee: 'I think it's a man and I think, he's got long curly hair'

Andy: 'Dee do you wanna have a try?'

Dee: 'I don't know what I'm supposed to say'

Andy: 'Whatever comes in to your head'

Dee: 'Nothing is coming in to my head'

Andy: 'Ok'

Dee: 'Um. Some of us here can perhaps hear you better than others so for the ones that can't hear you it might be better if you can perhaps knock, make a knocking noise on the wall or something'

*Two knocks*

*Laughter*

Bill: 'Just like that'

*Unintelligible*

Dee: 'If you could knock or make a noise or let us hear your footsteps'

Steph: 'I've gone all tingly'

Richard: 'I'm getting it in my elbow'

Steph: 'Sorry?'

Dee: 'What are you getting in your elbow?'

Richard: 'A tingling in my elbow'

Dee: 'Yeah'

Billie: 'I'm getting a really sharp pain in my chest, which I don't usually get'

Andy: 'If there's anybody here, any spirit people or astral beings, can you please give us a sign'

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Richard: 'Quite drawn to that doorway'

Dee: 'Yup'

Bill: 'Popular doorway that one'

Steph: 'Which one?'

Richard: 'The cupboard'

Bill: 'Again'

Dee: 'The cupboard, that's, that gives me the creeps'

Bill: 'Think we should move down?'

Steph: 'Yeah, yeah'

Richard: 'I've spent half the time looking at it'

*Unintelligible, everyone talking*

Andy: 'We'll all move down and try it down there. Don't wanna step on that'

Billie: '*(unintelligible)*...shoes just here'

Dee: 'What have I stepped on?'

Billie: 'Shoe'

Dee: 'Oh that's it'

Bill: 'A shoe?'

Dee: 'I feel like I'm on the moon'

Andy: 'On the moon?'

Dee: 'You know you said about your throat?'

Steph: 'Yes'

Dee: 'I can feel mine tightening up. My voice is starting to go'

Steph: 'Yeah'

Dee: 'I feel a bit funny.'

Elaine: 'Feel's like...'

Dee: 'Honestly my throat, I can hear my voice is going...weird'

Elaine: '...had an operation but it feels after you've had the operation they pull the pipe out, that's how it feels'

Dee: 'It's like a tightness. It's like you know, it's like Steph said, when you get uptight or anxious'

Steph: 'Yeah'

Richard: 'Who said the problem with their shoulder?'

# SÉANCE TRANSCRIPT



**Investigation Site** Hemel Hempstead, Rose and Crown

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Billie: 'I said chest'

Richard: 'I had something like...'

Dee: 'Like a sharp pain'

Richard: 'Yeah just in my shoulder, just when I came over here just now, just in my left shoulder round there'

*Members talking at the same time*

Billie: 'Just below the collar bone'

Andy: 'Bill's gonna sit down for this one but we can carry on. Everybody else alright to stand?'

Dee: 'Yep'

Billie: 'Yep'

Steph: 'Yep'

Richard: 'I'm fine'

Andy: 'Ok, let's do that again. Ok'

Dee: 'My throats really really really tight now. Think my voice is gonna disappear'

Andy: 'Billie, do you wanna have a go at this one?'

Billie: 'No, not at the moment'.

Andy: 'Ok. If there's any spirit people or astral beings present, can you give us a sign? We are here for you; please make contact with us'

Dee: 'Billie your hearts pounding isn't it? There's something I can...'

Richard: 'Standing here just isn't right, there's something totally wrong here'

Billie: 'I just feel like I'm rocking'

Richard: 'Like Steph said just a moment ago I actually feel unwell standing here'

Billie: 'I think we should stay longer then'

*Soft laughter*

Richard: 'Might help'

Andy: 'If there's any spirit person here can you give us a sign? Can you make a knocking noise?'

Dee: 'Or you can go and move the trigger object downstairs and there's some money downstairs in the bar'

Andy: 'Or play with one of the cameras'

Dee: 'Play with one of the cameras. Tell us your name. Tell us where you want us to go. Or do you want us to go?'

Dee: *whispers* 'I've got a funny feeling about that (*unintelligible*) that something just flashed in that room behind you, Elaine'

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**Investigation Site** Hemel Hempstead, Rose and Crown

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Steph: 'I thought I just saw something between you two'  
Dee: 'Me and Richard have both...'  
Steph: 'Just before Richard looked round'  
Dee: 'There's a funny feeling, I can't tell you what'  
Andy: 'A flash?'  
Dee: 'No, I just saw something behind Elaine. It looked like something in the room, little flash of light or something? I don't know if the camera does things in there does it?'  
Richard: 'What that? No it won't flash at all. It shouldn't do'  
Dee: 'Is there a light on it?'  
Richard: 'It's just red, but it's static'  
Dee: 'It won't blink or...'  
Richard: 'It won't blink, no'  
Dee: 'Ok'  
Billie: 'Check the time'  
Richard: 'Check what?'  
Dee: 'Yeah time'  
Bill: '21:14'  
Dee: 'Ok'  
Bill: '21?? 2:14'  
Dee: 'Wakey wakey Bill'  
Andy: 'Steph?'  
Steph: 'Is there someone here who had problems with their chest or their throat? Is that what you're trying to tell us? Please try and talk to us, please try and talk to us in another way; who you are and what happened to you'  
Marion: 'If you've got something wrong with your throat can you not talk?'  
Dee: 'Or are they trying to make us talk? (*unintelligible*) They're manipulating our voices?'  
Steph: 'Yeah'  
Dee: 'Mine's alright now'  
Steph: 'Yeah it's not cracking up'  
Dee: 'No. [*Pause*] Did you hear that little like um a shuffle or a jingle?'  
Richard: 'No'  
Dee: 'It was like out towards the kitchen area. Might be the fridge or something'

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Andy: 'If there's anybody here can you give us a sign? Can you...give us some sort of sign that you're here with us. Use our energies'

Dee: 'That's my stomach'

*Laughter*

Steph: 'The back of my neck feels tense now. Like you know when you're pent up and...'

Dee: 'Mmm. That ties in with the throat thing'

Steph: 'Mmm'

Dee: 'I can hear, I'm definitely like erm, a constant like a high pitched hissy sort of...trying to hear if it's an electrical noise'

Steph: 'There's a telly there isn't there'

Richard: 'Yeah and there's a box at the rear'

Dee: 'Is it on standby? That's probably what I'm hearing then'

Richard: 'It's a preview box or something like that'

Dee: 'It's constant'

Andy: 'Marion?'

Marion: 'The right side of my face feels...it's very warm like I've got a hand on it. If you can't speak to us, can you make us go cold? Or make us go very hot? Make us shiver. If you can't speak, can you touch one of us? On the throat? Just gently. [*Pause*] You're making me go hot aren't you; I'm absolutely baking'

Dee: 'I can feel a vibration on the wall behind me; I'm leaning on the wall. I don't know if that's traffic or something?'

Billie: 'Your arm keeps going up'

Bill: 'Well, there's no traffic and I'm leaning on the same wall, I can't, I've got my head on it and I can't feel anything'

Dee: 'I can feel right behind me, feels like there's a vibration. Unless it's just me'

*Quiet laughter*

Andy: 'Does everyone want to carry on or do you want to stop for now? What do you wanna do Bill?'

Elaine: 'You lot carry on for a minute I've got to sit down'

Steph: 'Are you ok?'

Elaine: 'Yeah it's my back'

Andy: 'Are you going in to that room to sit down?'

Steph: 'Yeah she's going to sit in there'

Dee: 'There's a voice recorder on the table. Can you hear that noise?'

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Steph: 'Sorry you've probably sat on my torch'

*Laughter*

Richard: 'Is that where it was?'

Andy: 'Alright'

Dee: 'I was gonna say, what is it about this passageway, this leading to that door, cupboard? Do something, can you knock on the door or rattle the door? What is it about this area? If you can't explain to us can you say one word in to these little machines with lights on? Just one word, that describes what you want us to know?'

Richard: 'It's all the way up that shoulder now'

Dee: 'Yeah? Same shoulder?'

Richard: 'Same, same shoulder'

Steph: 'Is it your left or your right?'

Richard: 'Left. Nothing at all in my right at all'

Dee: 'Are you tense? Can you relax?'

Richard: 'No'

Dee: 'Is yours gone now?'

Billie: 'Yes it is but I feel like my belly's really big now and I know it is anyway but...'

*Laughter*

Dee: 'What as in pregnant big or just...'

Billie: 'I dunno like possibly as it feels really solid d'you know what I mean?'

Dee: 'Or like beer belly kinda thing?'

Billie: 'No, like a female'

Dee: 'Ok'

Andy: 'You go's, you have a go as I'm not getting anything at all see how it goes with you guys. I'll stand back for a minute, I've not had anything'

Dee: 'It's all very confusing, it's not clear'

Steph: 'Mm'

Marion: 'Did you have to stay up here when you were ill?'

Steph: 'It just got colder'

Richard: 'I just did, I just got it again as soon as you asked the question. It's the third time'

Marion: 'Did one of you just go 'hurrgh'?'

Richard: 'No I didn't, no'

Dee: 'Not consciously I don't think so'

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Marion: 'No, over there'

Dee: 'Oh over there'

Marion: 'Andy or Bill?'

Andy: 'Sorry?'

Marion: 'Did you go 'hurrgh'?'

Andy: 'No'

Marion: 'Oh'

Dee: 'I've got to scratch, my nose is itching'

Marion: 'So were you made to stay up here? Ohh ee err'

*Unintelligible*

Billie: 'I'm really cold now'

Steph: 'I got a shiver then but that's the feeling I get like someone was shut away up here'

Marion: 'It's right behind me'

Billie: 'It's all over me now'

Marion: 'Right up the back of my head. Ohh. Are you unhappy because you were shut away up here?'

Elaine: 'When you just said that, when you just asked about being shut away, there was a little white light that come, past me, and into the hallway'

Billie: 'Is there a change in temperature?'

Bill: 'No it's about the same 22, 22 and a half'

Billie: 'I've gone all shivery'

Elaine: '...come from this way, in, in front of me'

Richard: 'Yeah 'cause I just got something right, rip up my back again. That's unusual; I've had that all night'

Marion: 'Did you; did you by chance die up here?'

Richard: 'It's like I've been ripped to bits'

Bill: 'There's been a slight temperature...'

Billie: 'Yeah, yeah oh my god'

Richard: 'I just feel like, if it's not one thing it's another'

Dee: 'Mm, mm'

Marion: 'Did you die up here, can you try and let us know, can you try and make a noise with your voice for us?'

Billie: 'Feel my arm there (*unintelligible*)'

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Dee: 'Yeah you are actually, very...'

Richard: 'Yeah you are a touch, there'

*Unintelligible*

Steph: 'I'm freezing. Yeah you feel...'

Richard: 'See mine aren't'

Steph: 'Boiling'

Richard: *Unintelligible*

Billie: 'Mine feel normal now'

Steph: 'You're quite cool as well'

Richard: 'Yeah'

Dee: 'Mm'

Marion: 'I keep getting the shivers'

Dee: 'I'm not feeling the shivers at all'

Steph: 'I am'

Billie: 'I am, at the back of my neck, my head and face'

Richard: 'Just standing here it feels as if something's going right through me'

Dee: 'My um...from the knees down I'm feeling a bit unsteady'

Richard: 'Yeah, just feels like something's going right through me'

Steph: 'That's how I felt over there, I just (*unintelligible*)'

Billie: 'It's coming again'

Marion: 'Can you let us hear your voice please?'

Bill: 'Who keeps flashing the light on the roof?'

Steph: 'Elaine's writing, got a light pen'

Bill: 'Oh ok, just wandered what it was'

Dee: 'That's Bill yawning'

Bill: 'No. Cheek!'

*Laughter*

Andy: 'Sorry that might be me'

Dee: 'Andy, sorry'

*Laughter*

Dee: 'Sorry Bill'

Marion: 'Did you have to say up here a long time? Were you ill for a long time?'

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Billie: 'I'm so hot'  
Dee: 'You know, I'm not getting illness so much as...'  
Billie: 'I think locked'  
Dee: 'Locked yeah'  
Steph: 'Yeah'  
Dee: 'Sort of kept, I don't know...'  
Richard: 'Trapped, trapped feeling?'  
Dee: 'Trapped, prison? Something like that? I don't get illness'  
Steph: 'I got like, shut away sort of'  
Unknown: 'Jesus...'  
Marion: 'Were you shut away here cause you couldn't speak? You were kept a secret you were locked away?'  
Dee: 'It might have been hiding'  
Billie: 'I'm getting, I'm seeing a woman in a rage'  
Dee: 'In?'  
Billie: 'Like in a rage'  
Dee: 'Really?'  
Steph: 'Is the same woman as you felt before?'  
Billie: 'Red hair, orange hair'  
Steph: 'Big shiver'  
Billie: 'Eh?'  
Steph: 'Big shiver'  
Marion: 'Can you see what she's dressed in?'  
Billie: 'It's just white like um y'know them long night dress things'  
Marion: 'Are you really angry because you were kept away up here?'  
Billie: 'I get the feeling to knock the wall, know what I mean like, hit the walls'  
Marion: 'If you were shut up here you have our sympathy, we are very sorry for you'  
Steph: 'Try and tell us who shut you up here, who kept you here'  
Dee: 'Are you alright?'  
Unknown: *Unintelligible*  
Dee: 'Are you alright?'  
Richard: 'I was just thinking'

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Dee: 'You were swaying'

Richard: 'I didn't even know that I was, I've only had one'

Dee: 'You pitched forward'

Richard: 'I couldn't, I didn't even do it, I didn't even do it...'

Dee: 'You pitched forward like that; I thought you were going to fall over'

Elaine: 'Ask if there's a Samuel'

Dee: 'Samuel'

Steph: 'Is there a Samuel here? I'm really itchy on my...like my ear was itchy, my chins itchy and my necks itchy'

Dee: 'My nose was itchy earlier'

Richard: *Unintelligible*

Bill: 'You're about to hear a knocking it's just me on the wall ignore it'

Dee: 'I can feel that right through my back'

Bill: 'These walls are weird'

Andy: 'Sorry?'

Bill: 'These walls are strange'

Dee: 'Is it the same down at your end Bill as it is at my end? Because I definitely feeling the vibrations earlier'

Bill: 'I had my head leaning, when I was standing up I had my head leaning against the wall and I would of thought that if it was vibrating I would have picked it up but, there was nothing. Is it the same? Is it sort of fairly solid feeling Andy?'

## *Knocking noises*

Bill: 'Just trying to work out whether the corridors original or whether it's a modern partition, doesn't feel like a partition wall. It's quite solid. Might I suggest um, because of the nature of one of the things that's supposed to happen here, we actually move in to the box room? And do a quick séance in there?'

Dee: 'Mm-hmm'

Richard: 'The camcorders running in there so...'

Bill: 'That's fine it's just that um, there is something associated with that room'

---Recording ends---