

## Investigation Report



<b>Investigation Site</b>	Elstow Church and Abbey
<b>Investigation Date</b>	11.11.2022
<b>Report By</b>	Andrew Fazekas
<b>Team Members</b>	Andy, Ben, Marie, Sonia, Rachel W

### **Background**

Elstow is famous as the home of John Bunyan and the nearby Moot Hall celebrate this fact among its many exhibits on display. But the focus of this investigation was St Michaels Church and the abbey itself.

Elstow Abbey was founded in 1078 by the countess Judith, niece of William the Conqueror. It became one of the richer of the 106 Benedictine nunneries existing at the time and in its hey-day, in the fourteenth century, the building was twice its present size. The end of the Abbey came in 1539, as part of the dissolution of the monasteries. By the time of Elizabeth I, the church itself had been reduced to its present Dimensions, becoming the parish church of the village. The six Norman arches that remain are from the original building.

### **Ambient conditions**

Cloudy and windy also the occasional firework rocket is fired into the sky some distance from the team.

### **Pre-Investigation**

On Friday the 11th November 2022 a small team from Luton Paranormal Society consisting of team members Andy, Ben, Rachel W, Sonia and Maria made the relatively short trip North to the small village of Elstow which is nestled just south of Bedford and a short drive from the A6.

The team arrived at 20:30 however it was fairly evident that there was some kind of music practice going on and members were unable to make their way onto the grounds until everyone had left by 21:00. As with many churches over the last few years many are now being protected by automatic floodlight lighting and infra-red cameras and the church in Elstow is no different so it was quickly decided that the team would remain together and head to the back of the church to conduct the first of the evening's silent vigils whereby hopefully the church grounds would not be too illuminated.

Members took the opportunity to take photographs of the magnificent church and remains of Elstow abbey which is situated at the rear of the church and protected by security fencing throughout its perimeter.

Racheal W notes: 20.30 Take picture of side of church and noticed odd black shadows above abbey – but there is no tree causing this

### **20:50 – 21:25 Investigation begins**

The team are sat next to the church wall that divides the abbey from the church on the churchyard side

Ben sat alone near to a tree using only his K2 Emf meter that had been placed onto the floor in front of him and started to tune into the surroundings. To note Ben had, had a very strange experience in a churchyard some months before at Codicote and ever since has found it difficult to relax and tune in when investigating church yards.

Maria was sat in what would have been abbey doorway and listened for any unusual noises. After about 30min she did not hear anything or felt anything. There was one noise. On a head stone there was a chime which took her back. The reason being bells were put on headstones as in the past people believe if you were buried alive the person in the grave would ring it to be rescued but on another note the ring tone would summon spirits, so Maria was not expecting to hear it.

20:53 Andy is sat on the corner of the church and has a visual experience of the large stone cross nearby dripping in water like on a rainy day but tonight is dry weather and no rain

20:55 Rachel W notices black shadows darting around where bins are towards gatehouse of abbey

21:00 Sonia was sitting quiet in Church yard facing side entrance to church Sonia became aware of a lady standing in the doorway covered in water and she was gasping as if she had just had an accident or had been attacked.

Sonia then saw a man running down the side of the church with a sword and he was covered in blood, he was either running away from someone or running towards someone then he disappeared as he reached the corner of the church, Sonia felt this was a memory link.

21:05 Rachel W notices white specs floating around other side of the graveyard, just past where Andy is sitting by corner of the church

21:15 Rachel W notices small black shadow running across floor towards Andy around the size of a large rat or rabbit but much, much faster

21:25 Experiment Ends

### **21:30 – 21:52 churchyard North side**

21:30 The team moved position to the far side of the Churchyard which is adjacent to the road and overlooks Elstow village which can be seen about 200 metres away.

The temperature was recorded by Ben as being 14.6 Degrees and a number of Motion detector balls were placed around the team on gravestones and the team sat in a circle.

21:33 Ben's trigger ball is activated where it has been placed on a grave

21:35 Hexcom experiment begins with the following words:

Itself – anon - gauze – mommy – covered – know – Veronica - Produce

EMF flickers only to orange

21:36 Motion Ball detector goes off

21:53 second experiment of the evening was concluded

### **22:00 22:40 Central Pathway of graveyard**

At 22:00 the team moved to the centre pathway of the graveyard and the Hexcom was activated by Andy

Hexcom experiment begins producing the following words - General – Stalk – Paper – Fiddle – Trigger. The experiment ends as nothing else is coming through the Hexcom

Sonia has a feeling of a tall black figure – Andy explains that on a previous visit mediums present sensed a vicar who abused children stopped other spirits from coming forward.

22:00 Sonia sense the spirit of a vicar at the door opposite the tower. It felt like there was a fear to go past him very dominant man. But he knows he has no power now. Sonia and Marie went to go and talk to the vicar. He was a coward and didn't want to talk to them, he was cowering behind the door. Sonia and Marie said to him to cross over and make his peace and he was very resistant because of his fear of God. He believed he would go to hell. Sonia and Marie told him he wouldn't go to hell but would find peace in his acceptance of the bad deeds he had done and his abuse of children. He was very cowardly....

Sonia then sat on a bench facing the side of the church and at the end of the church yard bottom right corner is a tree, Sonia felt that there was a huge black cat guarding the corner, Sonia felt it was guarding something sacred in the ground that had been buried by witches a protected spell they had buried something evil to keep it from harming anyone in the future.

Sonia felt that there had been a suicide someone turned a blade into their stomach.

Sonia felt that there were Dragons over the graves protecting the graves.

Sonia felt that there had been changes years ago to Church and a protection had been set up because of desecration of ground or Church.

Sonia felt a man walks the back of the church land with a lamp the way to a big house he had an important message to take to the house this was a memory link.

Sonia had a lady from medieval times who felt like a caretaker of the land ask her "What are you doing here" she then disappeared through a door of a house.

Sonia saw a WWI soldier walking along the back wall of church yard looking for his parents' graves as he had returned from war as a spirit as he had been blown up in Dunkirk...

Sonia heard whispering from elementals in churchyard near the tree in the corner.

Sonia felt that there were layers of bodies in yard from when time began.

Sonia saw and felt dark hooded figures and the smell of Dog Poo which is not a good sign of good energy...normally is connected to bad or evil energies.

Sonia became aware of a very dominant man who still thinks he runs the community.

Sonia saw a cloaked figure without a head, his head is buried somewhere else from his body.

22.20 The team then begin a SP7 experiment and the words "Andrew" or "its under" and "Harry" are all heard by team members Andy and Rachel on the SP7 by the team and captured by a sound recorder (it is worth noting that Andy has a family member buried at this location but on the night could not find the grave and the next day the vicar kindly sent photographs of the grave as requested by Andy at this very spot).

Ben was sat on the pathway, he kept seeing a small dot of light that appeared to appear and then disappear near to two of the gravestones and despite repeated efforts to identify the cause he was unable to. For note however it was a clear night with a full moon, and it is quite possible that the dot of light was a reflection of some kind as it did appear to come and go.

At this point both Sonia and Maria felt the need to go towards the church door. At the door there was a negative feeling and a sense of anger that both were there. They asked questions, but the feeling from this spirit that it wanted both to go. Sonia and Maria tried to get the spirit to cross over, but with no result. After much effort both of us rejoined the team (it is worth noting that a previous investigation encountered this same spirit at this spot see LPS Elstow investigation 2016).

The experiment was concluded at 22:40

### **23.00 – 23:30 Vigil outside of Moot Hall**

23.00 The team move to Moot Hall across the path, we all take picture of the outside (it's very spooky with the moon appearing behind the clouds.)

Rachel W captures what she thinks is a blue orb, but she later debunks this as lens flare from the moon as this can appear blue.

Sonia picks up a lady in bottom righthand side window looking out from Moot Hall.

23.30 Following a discussion of the nights events the Team head for the cars and a hot cup of tea and coffee to warm up which is fast becoming another LPS post investigation tradition

23:05 End of the investigation.

### **Analysis**

**Andy** - Andy notes that the team picked up on negative spirit activity in the same location as a previous investigation that can be verified in writing and was recorded by two completely different LPS teams. Therefore, it is so important to record information so paranormal activity can be verified.

**Ben** - A very nice and picturesque church to visit but as stated due to the addition of security floodlights it does make it difficult to relax and tune into the surroundings properly. The Abbey is also impossible to access now that there is the addition of Security fencing however some excellent photographs were taken by members who were present on the night.

